

PSHE Intent statement



At St Jude's, PSHE is a whole school approach and underpins all we do, enabling our children to become independent, confident, healthy and responsible members of society, as well as developing the 'whole child' intellectually, morally, socially and spiritually.

PSHE is taught across the school on a weekly basis using the Jigsaw PSHE scheme. Our PSHE curriculum equips children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, celebrating differences, building resilience and nurturing mental and physical health. At the heart of our PSHE teaching we have a commitment to promoting and enhancing our core Christian values: hope, compassion, perseverance, respect, responsibility and forgiveness.

With an ever-changing society, we aim to provide our children with a strong understanding of the diverse world around them and support them in playing a positive role in contributing to the school and the wider community whilst promoting fundamental British values. We want our children to view themselves as global citizens and aspire for them to leave St Jude's as considerate, respectful and resilient individuals. It is important that they are aware, at an appropriate level, of different factors which may affect their world and that they learn how best to deal with these so that they have good mental health and well-being.

A key part of our curriculum is Relationships and Sex Education and our delivery of RSE enables our children to learn how to be safe, and empowers them to have positive, healthy fulfilling relationships, both now and in their future lives.

Through our whole-school approach to PSHE, it is our belief that excellence in these areas will lead to high aspirations across the curriculum and equip our pupils with the knowledge, skills and attributes they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain.