



PS SPORTS COACHING

SCHOOL CLUBS SUMMER 2024

ST JUDE'S JUNIOR SCHOOL

Monday 15th April - 22nd July (exc. 3rd June)

3.15 - 4.15pm Dodgeball Yr 3,4,5 & 6 £90

Tuesday 16th April - 16th July

3.15 - 4.15pm Football Yr 3,4,5 & 6 £97.50

Wednesday 17th April - 17th July

3.15 - 4.15pm Athletics Yr 3,4,5 & 6 £97.50

Thursday 18th April - 18th July

3.15 - 4.15pm Girls Football Yr 3,4,5 & 6 £97.50



FOOTBALL

Fun warm up games, skill development and small sided matches. Ideal for beginners and more talented players.



ATHLETICS

Learn the foundations of athletics events through game-based activities. Our older athletes will take part in fun activities to build core skills and learn running, jumping and throwing techniques.



DANCE

Fun warm up games, easy to learn routines to popular music. Opportunities to perform to parents and school at talent show and summer fair.



DODGEBALL

Dodgeball is a super fun game played with soft, safe balls. The children are split into two teams and aim to hit each other with the balls. The children learn defending and attacking techniques and take part in matches.



GIRLS FOOTBALL

Fun warm up games, skill development and small sided matches. Ideal for beginners and more talented players.

Book at
<https://pssportscoaching.ipalbookings.com/>
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or email info@pssportscoaching.com



St Jude's Church of England Junior School (VA),
Bagshot Road, Englefield Green, Surrey TW20 0RU

