

PE intent

At St Jude's we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, activity and a healthy lifestyle. In line with the Early Years Foundation Stage and the National Curriculum, we aim to ensure that clear progression is built into the scheme of work, ensuring our children are increasingly challenged as they move up through the school. PE lessons encourage children to compete against themselves and others whilst being inspired to improve their physical, social, emotional and thinking skills. These skills, which align with our core values at St Jude's, are embedded in the heart of our planning.

Implementation

PE at St Jude's provides challenging and enjoyable learning through a range of sporting activities including; fundamentals, invasion games, net & wall games, strike and fielding games, gymnastics, dance, yoga, fitness and swimming.

The long-term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the Early Years Foundation Stage and the National Curriculum are fully met.

In Reception, children take part in one PE lesson a week covering the ELGs as well as accessing outdoor provision daily. In Key Stage 1 and Key Stage 2, pupils participate in two high quality PE lessons each week, covering two sporting disciplines every half term. Teachers use interactive resources to support their teaching and follow the GetSet4PE scheme of work. Lessons are adapted for those requiring additional scaffolding to access the learning using the GetSet4PE STEP principles. Lunch-time sports clubs are available each day at KS2 and 2 lunchtimes a week in KS1, or children can choose their own sports equipment during break and lunchtimes to enhance their own games and activities on the playground and field.

When assessing in PE, teachers use their professional judgement to observe children over the period of each activity area. They use assessment strands to make a judgement based within age-related expectations, above or below at the end of each taught unit.

Extra-curricular provision enriches our PE curriculum. We have a range of clubs available to children, as an opportunity to have further experience of different sports and activities. In addition, in Key Stage 2, we have sports training sessions

designed to prepare teams for a range of inter-school competition within Surrey and beyond. Intra-school competitions such as sports day and football and netball rallies, provide an opportunity for all children to be involved in competitive sport and demonstrate and practice the skills learnt in lessons.

In the summer term, Year 2 and all children in KS2 swim once a week for 10 weeks in our school's on-site swimming pool. We also invite specific children to attend extra sessions in order to meet National Curriculum expectations of swimming 25m by the time they leave St Jude's.

In KS2, Sports ambassadors from each class are voted for by their peers and teachers. These children are sporting role models for others and they assist with lunch-time clubs, our annual Sports day and any other Sporting activities throughout the year.

Impact

This PE curriculum will give children a wealth of opportunities to develop their physical skills as well as developing the whole child. Children will leave St Jude's as well-rounded individuals - physically, socially and mentally. We hope the children will understand the importance of physical activity, sport and PE. We help to motivate children to become confident, resilient and disciplined, so that they become independent and take responsibility for their health and fitness throughout their life. We equip our children with the necessary skills and a love for sport.

At St Jude's, pupils will enjoy being active and be keen to take part in lessons. The profile and expectations of P.E. and school sport will continue to be high and children's fundamental movement skills will continue to improve with more confident and physically skilled pupils overall.

100% of pupils will leave St Jude's able to swim the expected 25m and pupils will be eager to represent the school at various events each year with competition for team places remaining high.

After school clubs will remain popular, meaning children are keen to continue refining skills and would have developed an enjoyment for being active.

St Jude's will continue to make good use of the School Sports Premium and use it to raise the profile and provision of PE.