



Hinduism

What helps Hindus to worship?

Key vocabulary:

Brahman
trimurti



Sanatanis
murti
deity



Diwali



Brahma



Shiva



Vishnu



Holi



Mandir



puja

Core knowledge:

Most Hindus (Sanatanis) believe in only one Supreme Being – **Brahman**.

All other deities are a representation of Brahman to help Hindus to focus on worship and they have different attributes.

Most Hindus believe that Brahman exists in every living creature.

Puja is a way in which Hindus express their beliefs.

The sacred writings have stories and key beliefs that are important for Hindus.

Festivals and **pilgrimage** are ways in which some Hindus show their devotion to Brahman.